



## Beta Bits~

Beta Chapter 2 ~ Area 6 ~ Alpha State  
San Antonio, Texas

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February

Mission Statement: The Delta Kappa Gamma Society International promotes professional and personal growth of women educators and excellence in education.

<http://www.dkgtxas.org/>

[www.dkg.org/](http://www.dkg.org/)

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### Reminders ~~~

#### A reminder from Linda Herrera~~Treasurer

When you write a check be sure to make it "only" to Beta Chapter. This is how the bank recognizes the deposits to the Beta checking account.

If you would like to honor or memorialize a friend or family member you can do this with a donation to the Virginia Rutledge Living Memorial of the Beta Chapter.

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Beta website ~ [betachaptertx.weebly.com](http://betachaptertx.weebly.com)

Or Go to <http://www.dkgtxas.org/>

Gloria Word webmaster.

***DKG Vision: Leading women educators  
impacting education worldwide.***



### President's Message

Gung xi fa cai! Happy New Year, the Year of the Monkey! From the red hearts and roses of Valentine's Day, to the celebratory red lanterns of the Chinese New Year, to the observance of Heart Health Month by the American Heart Association, the color **RED** stands out all month. From prehistoric cave paintings to modern times, red has played an important role in many cultures. Small wonder that red was selected as one of Delta Kappa Gamma's colors. It represents our heart, our love of education and our students, and our determination (courage, even) to make things better for women around the world. As our TSO President says, the **HEART** of DKG is its members. I hope you are planning to join us at our next meeting when Beta will be awarding the fruits of our labors (fundraising) as scholarships and grants to future women educators and some of our Beta sisters at our next meeting. Please plan to attend and celebrate Beta's generous and heartfelt support of our scholarship and grant recipients.

Delta Kappa Gamma has a new website, [www.dkg.org](http://www.dkg.org). Your member ID number already has an account on the DKG website. Just use your member number as your username. If you don't remember your number, contact our Treasurer, Linda Herrera. The default password is—**dkg2014society**. Log in, change your password, and check out all the great information and resources that are available to DKG members. Remember, you were *chosen* by one of your peers for the *honor* of membership in Delta Kappa Gamma. Make the most of your membership! See you on the 23rd !  
Red, red, red February! Wear **RED** to the meeting.

**MARK YOUR CALENDARS**

\*September 25, 2015~~~**HOMECOMING** 6 p.m.  
Hope Lutheran Church  
5714 Callaghan Rd.  
Hostess: Executive Board  
Meditation: Sallie Frederick  
Program: TSO Convention Highlights, Tribute to Beta's Retirees and Program Highlights of the year  
\*October 27, 2015~~~**Business Meeting** 4:45 p.m.  
Program: Hispanic Heritage Month  
Presented by Jeanne Cantu and author ?????  
Hostess: Sylvia Cardenas  
Meditation: Gloria Word  
\*November 07, 2015 ~~~~ Dr. Bessie Pearce Recruitment Grant Fund Luncheon and Fashion Show  
Ft. Sam Houston Golf Club 11:30 a.m. -1:30 p.m.  
Meditation: Rose Burton  
\*December 12, 2015~~~~ **President's Event** 10:30 a.m.-12:30 p.m.  
Christmas Arts and Crafts  
\*January 26, 2016 ~~~~ **Business Meeting** 4:45p.m.  
Program: Fat, But Fit in 2016  
Presented by: Nancy Richter Instructor at the VA  
Hostess: Linda Herrera  
Meditation: Carolynn Newman

\*February 19-21, 2016 ~ **STAR Retreat**  
\*February 23, 2016 ~~~~ **Business Meeting** 4:45p.m.  
Program: Grants and Scholarships  
Presented by Linda Bullard and Committee  
Hostess: Linda Bullard  
Meditation: Carol Reposa

\*March 22, 2016 ~~~~ **Business Meeting** 4:45p.m.  
Program: Texas Bucket List ~ Show and Tell  
Presented by Beta Members  
Hostess: Ruth Aguirre  
Meditation:

\*April 16, 2016 ~~~~ Ceremonials Luncheon  
Dominion Country Club 11 a.m.-1:30 p.m.  
Meditation:

\*May 2016 ~~~~~ Founders' Day TBA  
\*June 04, 2016 ~~~~~ Beta's Birthday DKG Headquarters  
Meditation: Linda Bullard

\*June 23-25, 2016 ~ TSO Convention #87 Frisco, Texas

\*July ~~~~~ Executive Board Meeting

\*July 05, 2016 ~~~~~ International Convention  
Nashville, TN

\*September 23, 2016 ~Homecoming /Hope Lutheran 6 p.m.

Hostess: Executive Board  
Program: TSO Convention highlights, programs for the year

\*October 25, 2016 ~~~**Business Meeting** 4:45 p.m.

Program: Dia de los Muertos

Presented by:

Meditation:

**President's Projects Continue for 2015-2016**

- \*Bring school supplies for Hope Lutheran Day School.
- \*Library books for Madonna center.
- \*The Red Bra of Courage ~ Women of SAMM Shelter
- \*St. Peter/St. Joseph Children's Home
- \*\*\*\*\*

Bring **two \$5.00 gift cards** to raffle at our meetings to support Dr. Bessie Pearce Recruitment Grant Fund for College Women.

**SNIPPETS from January Beta Meeting**

The meeting was opened following the social committee's scrumptious meal. Thank you Linda H. and her committee. After President Linda R. called the meeting to order the American and Texas pledges were said. Nancy R. gave the meditation. Darlene C. gave a DKG fact-the International Convention coming to Austin, Texas in 2018.  
Business~  
\*The March meeting minutes were read and approved by Jeanne C. and seconded by Nancy R.  
\*Linda H. gave her Treasurer's report which was accepted for audit.  
Committee Reports~  
\*The Virginia Rutledge Living Memorial received a donation in memory of Mary Alice Ramsey a dear friend to Linda R.  
\*By February 1<sup>st</sup>~~Recruitment Grant applications need to be returned to Linda B. ~ M.E. Cole Scholarship applications need to be sent to Cookie E. ~ Sylvia C. is accepting new member applications.  
\*Attendance for the meeting was 12.  
New Business~  
\*Reminders for Membership and Scholarship Nominations.  
\*It was recommended that the Living Memorial Committee look into the wording pertaining to the \$5 dollar donation given by the chapter for memorial or honor of members. We should perhaps consider giving a higher donation.  
Program~  
\*Nancy R. program was about Fall Prevention. She ended by saying she has a follow up to this presentation, so she would like to present another program. Great safety information for all.  
Thank you Nancy,  
Announcements ~ Raffle( no raffle at this meeting)  
\*Thank you Social Committee ~ members remember to attend the February 23<sup>rd</sup> Scholarship meeting.  
\*Adjournment and singing of the DKG song.

**Sites that might be useful for February and Beyond**

- <https://www.linkedin.com/company/delta-kappa-gamma-society-international>
- <https://www.facebook.com/dkgorg/>
- <http://www.history.com/topics/black-history/black-history-facts>
- <http://www.pbs.org/black-culture/explore/10-black-history-little-known-facts/#.VsI77vIViko>
- <http://www.scholastic.com/teachers/unit/chinese-new-year-everything-you-need>
- <http://www.history.com/topics/holidays/chinese-new-year>
- <http://mrscjacksonsclass.com/cowboys.htm> Themed for rodeo instruction
- <http://www.abcteach.com/directory/theme-units-cowboy-rodeo-theme-1449-2-1>
- <http://www.muybuenocookbook.com/2011/03/capriotada-mexican->

**February is *Go Red* from The American Heart Association. This chart is taken from that site.**

**WARNING SIGNS OF HEART ATTACK, STROKE & CARDIAC ARREST** If these signs are present **CALL 9-1-1**

**HEART ATTACK WARNING SIGNS  
CHEST DISCOMFORT**

Most heart attacks involve discomfort in the center of the chest that lasts more than a few minutes, or that goes away and comes back. It can feel like uncomfortable pressure, squeezing, fullness or pain.

**DISCOMFORT IN OTHER AREAS OF THE UPPER BODY  
SHORTNESS OF BREATH  
OTHER SIGNS**

[Learn more about heart attack](#)

**STROKE WARNING SIGNS**

**Spot a stroke F.A.S.T.:**

- **Face Drooping** Does one side of the face droop or is it numb? Ask the person to smile.

- **Arm Weakness** Is one arm weak or numb? Ask the person to raise both arms. Does one arm drift downward?

- **Speech Difficulty** Is speech slurred, are they unable to speak, or are they hard to understand? Ask the person to repeat a simple sentence, like "the sky is blue." Is the sentence repeated correctly?

- **Time to call 9-1-1** If the person shows any of these symptoms, even if the symptoms go away,

**CARDIAC ARREST  
WARNING SIGNS**

**SUDDEN LOSS of  
RESPONSIVENESS**

No response to tapping on shoulders.

**NO NORMAL  
BREATHING**

[Learn more about cardiac arrest](#)

Visit <https://www.goredforwomen.org/> for more information



Linda Herrera says, if you want your Beta Yearbook mailed to you, send \$1 to her for the mailing cost. She will gladly mail it to you.

**Presentation in Hawaii**

Two of our ladies had a wonderful trip to Hawaii. Dr. Sharon Michael-Chadwell and her mother Mary Michel went to Oahu where Sharon gave a presentation at the University of Hawaii. Here are just a few of their photos.



Thank you Dr. Sharon for sharing some photos of you and Mary M.



**Heartline, Issue 1 87<sup>th</sup> TSO Convention  
Experience Frisco June 23-25, 2016**

- ★ Located just north of Dallas
- ★ Bills itself as "Texas' Rising Star"
- ★ Located on the Shawnee Trail (for cattle drives from Austin)
- ★ Named in tribute to the St. Louis-San Francisco Railway that led to its founding
- ★ Was fastest growing city in the US 2000-2009
- ★ Had population 150,000+ in September 2015
- ★ Has restaurants ranging from steakhouses to barbecue, from Mexican to Italian to Asian, and from fine to casual dining
- ★ Offers entertainment—**sports** (Dallas Cowboys football, RoughRiders baseball, TX Legends basketball, FC Dallas soccer, TX Tornado hockey), **museums** (Frisco Heritage Museum, Museum of the American Railroad, Public Art Tour), **shopping** (Stonebriar Centre, IKEA, Sam Moon Trading Co., The Shops at Starwood), **family fun** (iFLY Indoor Skydiving, Pole Position Raceway, Canyons Rock Climbing, Frisco Discovery Center)

**Convention Hotel** The Embassy Suites by Hilton  
Check the TSO website regularly: <http://www.dkgtxexas.org/>

**\*\*BETA bits Newsletter** deadline is the second Tuesday of each month. Contact Darlene or Gloria with information you would like added to the newsletter. Darlene's 725-4491 [dcox@grandecom.net](mailto:dcox@grandecom.net) [gloriaword@sbcglobal.net](mailto:gloriaword@sbcglobal.net)





**Our state President Marilyn Gregory's theme for her 2015-2017 biennium is:**

*The Heart of the Society is its Members.*

We must nurture our members and encourage them to take leadership roles. The goals for this biennium are from the acronym Heart...

**Health:** to encourage members to practice healthy lifestyles to promote healthier chapters

**Education:** to educate members about the importance of membership and encourage them to make an impact on their communities and the world

**Achievement:** to achieve our goals as leaders in our chapters and recognize our accomplishments as key women educators

**Reflection:** to reflect on our heritage as we advance the Society

**Teamwork:** to work as members of a team to strengthen involvement in all levels of the Society.

Marilyn Gregory

----- *\*\*Blanche Delgado is our Area 6 Coordinator. \*\**-----

*For helpful resources, visit these websites. Remember, set a goal to find something new each time you visit!*

*Visit Alpha State and International for MORE.....*

<http://www.dkgtexas.org/>

Who is the DKG Key Woman Educator?

She is a woman who is:

\* A potential leader\* Able to bring out the best in others\*

Authentic

\* Responsive to feedback\* Results oriented\* Adaptable

\* A conceptual thinker\* Motivated to make a difference

----Spectacular Texas Arts Retreat Feb.19-21,2016 Navasota, TX----

[www.dkg.org/](http://www.dkg.org/)

**2014-2016 International Theme**

85 Years and Beyond: Advancing Key Women Educators for Life

\* International convention is in Nashville July 5-9, 2016

**\*Projects of DKG**

**Schools for Africa** became the Society's first official international project in 2010. Members have donated, as of July 2015 over \$292,000 to the project from 2010-2015. Currently the project works with 13 countries in sub-Saharan Africa including Angola, Malawi, Mozambique, Rwanda, South Africa, Zimbabwe, Niger, Burkina Faso, Mali, Ethiopia, Madagascar, Sierra Leone and Guinea Bissau. The SFA mission involves providing access to quality basic education for children, focusing on girls, orphans and other vulnerable youngsters. UNICEF works through this project with governments, local authorities, communities and other partners.

**\*SEE- Support for Early Career Educators** In order to share the vision, Leading Women Educators Impacting Education Worldwide, and strengthen our Society, the Educational Excellence Committee established Supporting Early-career Educators (SEE) as its second international project during the 2012 International Convention in New York City.

Education is a challenging career, and retaining quality teachers is an issue worldwide. Schools that have depended on a core of veteran teachers are seeing those teachers retire. As much is expected of a new teacher on the first day of school as is expected of a 30-year veteran.

**We truly can make a difference with our support.**

SEE encourages members/chapters to be creative in support of early-career educators with a variety of strategies, such as: giving support for phone calls and visits, helping with lesson plans and bulletin board ideas, offering advice on classroom management and parent-teacher relations; and providing support in appropriate and practical ways.



*Beta's Officers for 2014-2016*

- Linda Richter +++++++President
- Gloria Word +++++++First Vice Presidents
- Phyllis Michael +++++++Second Vice President
- Rose Burton +++++++Recording Secretary
- Debbie Montez +++++++Corresponding Secretary
- Linda Herrera +++++++Treasurer
- JoAnn Acosta +++++++Parliamentarian

***Birthday Wishes for our 2016 February Birthday Ladies!***

- JoAnn Acosta ..... 02/14
- Diane Aguilar ..... 02/14
- Debbie Montez ..... 02/17
- Catherine Cummins ..... 02/19

**February Committee Information**

This is the year **NEW OFFICERS** are nominated. Please email or call Chairman Nancy Richter or committee members Yvonne Dilley, Sallie Frederick, Linda Herrera, Linda Gomez-Richter or Jo Russomano with suggestions. Elections will be held at the March meeting.-----

**SOCIAL COMMITTEE** for February meeting Committee members: Linda Bullard, Norma Cruz-Gonzales, Mary Michael, Phyllis Michael, Sharon Michael-Chadwell, Carol Reposa, Sammie Jo Smith, George Ann Simpson -- Meditation: Carol Reposa -----

**BUSINESS MEETING COMMITTEE REPORTS**

- Membership (vote into membership)~ Sylvia
- Presentation of Grants and Scholarships
- Recruitment Grants~ Linda B. and Nancy R.
- Scholarships~ Cookie
- Courtesy~ Debbie M.
- Attendance~ Phyllis -----

**February Program**

To pursue a career in education Beta Chapter will award scholarships to females graduating from high school 2016 and females already attending college in order to earn a degree in education.

Following the presentation, members will socialize with the recipients, their family and friends to encourage and answer any questions.

**Early voting has begun for the March Primary. Your vote counts. VOTE, VOTE, VOTE!**

Clip art is from The Delta Kappa Gamma Society International